

VITERBO UNIVERSITY HEALTH SERVICES HEALTH RECORD POLICY

Viterbo University requires a student health form to be filled out upon admission. A parent or legal guardian must sign the form if the student is under the legal age of 18. The form may be accessed online at: <http://www.viterbo.edu/uploadedFiles/services/health/healthhistory.pdf>

Students must turn in their Student Health Form to the Health Services office prior to the start of classes the semester of their initial enrollment at Viterbo University. **Athletes** are also required to receive a health physical with their healthcare provider (green form attached to Student Health Form).

Required Immunizations include:

- Measles, Mumps and Rubella (combined are referred to as MMR) - **two doses required:**
Two documented measles (rubeola) vaccinations are required unless documented illness or the student was born prior to 1957
- Tetanus-Diphtheria (Td) - after initial series, a booster needed within the past 10 years.
- Polio - a record indicating the total number of polio vaccinations received.
- Hepatitis B - required for students in clinical health-related studies, and highly recommended for all students.

Recommended immunizations/screenings include:

- Varicella (Chicken Pox) - Documentation of illness or dates of immunization(s). Vaccination recommended if no history of disease.
- Meningococcal Vaccine is recommended at entry into the university for freshmen living in dormitories of residence halls. Any undergraduate less than 25 years of age should consider receiving the vaccine. Consult with your primary health care provider for more specific recommendations.
- Other immunizations: please document on the health form any other immunizations that the student may have received and the date(s) they were given. This may include: BCG, Hepatitis A, Smallpox, Typhoid, etc.
- Tuberculosis (TB) Skin Test - A TB skin test or a chest x-ray within the past year is recommended for all students prior to entering the university. May be **required** for students in clinical health-related, educational and human services studies
- **International Students** are required to have testing for Tuberculosis or a chest x-ray with a copy of the results prior to arrival at the University.

Student records will be checked within the first week of classes. You may request to sign an immunization waiver form for religious or other appropriate reasons. Viterbo University Health Services does offer some immunizations upon request for a fee. Please contact the Campus Nurse for available vaccines and cost.

If you have any questions, concerns or comments regarding the health record policy or the health form itself, please feel free to contact Sue Danielson, RN, Campus Nurse at (608) 796-3806 or mail at scdanielson@viterbo.edu. Send completed forms to Viterbo University, 900 Viterbo Drive, La Crosse, WI 54601 or fax to (608) 796-3803. Thank you for your cooperation.